

Connecticut

AIDS Rate per 100,000

19.0*

State Funds for HIV Early Intervention Services

STATE EXPENDITURES	
Required Base	SFY 2007 Expenditures Maintenance
\$208,481	\$239,414

SAPT EXPENDITURES	
FY 2005 HIV Set-Aside	FY 2008 Planned
\$837,546	\$845,994

FY 2008 SAPT Reports

Provide HIV/AIDS education, risk reduction counseling, pre/post test counseling, HIV testing, develop individual treatment plans, HIV rapid testing in all methadone programs, and other HIV-related support services.

HIV EARLY INTERVENTION SERVICES PROVIDED							
Rapid Testing	Funding Rapid Testing	Regular HIV Testing	Pre-Test and Post-Test Counseling	Referral Services	Risk Assessment	HIV/AIDS Education	Outreach
✓			✓				

State Narrative Summary

Connecticut provided HIV early intervention services primarily in areas identified as having a substantial number of HIV cases. Services included education on the risks of exposure to HIV and other communicable diseases; development of risk reduction plans for people at risk of infection; education and pre-test counseling; testing options available through a treatment program or in the community; post-test counseling and education; contracts on partner notification; and sustaining and building collaborative efforts to provide individuals continued social, medical, psychological, and spiritual support. In Fiscal Year (FY) 2007, the State

*The most recent data published prior to October 1, 2007 by the CDC is Table 14, Reported AIDS cases and annual rates (per 100,000 population), by area of residence and age category, cumulative through 2005-United States, HIV/AIDS Surveillance Report 2005 Vol. 17, U.S. Department of Health and Human services, Centers for Disease Control and Prevention, National Center for HIV, STD, and TB Prevention, Division of HIV/AIDS, Prevention, Surveillance, and Epidemiology. Single copies of the report are available through the CDC National Prevention Information Network, 1-800-458-5231 or 301-562-1098 or <http://www.cdc.gov/hiv/topics/surveillance/resources/reports/2005report/table14.htm>

continued to establish relationships with community agencies and networks to promote early intervention services for HIV, and it began to implement rapid HIV testing. In FY 2008, the State planned to implement rapid testing in all methadone programs and in other service areas of high-risk communities.

Full State Narrative

FY 2005 (COMPLIANCE)

Efforts continued in FY 2005 to provide HIV early intervention services to those populations in the State in greatest need as defined by the Connecticut Department of Public Health (DPH). DMHAS HIV early intervention programs, located in areas clearly identified as having a substantial number of HIV cases, haven't changed over the course of the epidemic: Hartford, New Haven, Bridgeport, Stamford, & Waterbury. These encompass four of the five service delivery regions that comprise DMHAS' service network. The departments continue to offer and monitor services as parts of statewide and local teams.

HIV early intervention services included: (1) education on the ramifications of exposure to, and infection of, HIV, HCV, & TB; (2) development of risk reduction plans for those currently at risk for any of these conditions; (3) education and pre-test counseling; (4) testing options in program or in the community; (5) appropriate post-test education and counseling to deal with the results either seropositive or negative; (6) development of individual-priority treatment plans in response to seropositive conditions; (7) contracts on partner notification; and 8) enhancing existing and developing new collaborations to maintain contact with intervened individuals for continued social, medical, psychological, and spiritual support.

All programs, across the substance abuse treatment continuum, offered group and followup individual education sessions on the infectious diseases during FY 2005. Infectious Disease Programs funded during this period include:

- Alcohol & Drug Recovery Center, Hartford (4)
- APT Foundation, New Haven (2)
- Chemical Abuse Service Agency, Bridgeport (2)/New Haven
- CT Counseling Centers, Norwalk/Waterbury
- Rushford, New Haven/Middletown (4)
- Hartford Dispensary, Hartford (2)/Willimantic
- Hill Health Center, New Haven
- Liberation Programs, Stamford/Bridgeport (3)
- Regional Network of Programs, Bridgeport (2)

FY 2007 (PROGRESS)

DMHAS continues to establish relationships with community agencies and networks in areas that substance abuse treatment programs providing HIV early intervention services are located. Due to the fact that over 60% of Connecticut's HIV cases are comprised of persons who are black or Latino, and even higher when it is substance abuse related, cultural competence is an essential factor in providing these services. Collaboration within DMHAS has included the Office of Multicultural Affairs to increase awareness and sensitivity, and develop skills in dealing with the cultural issues surrounding the message, the environment, and the mores of African-American, Latino and other ethnic groups.

Also in FY2007 DMHAS began to implement HIV Rapid Testing which has enhanced early intervention and caused more individuals at risk to opt for testing. DMHAS continues to work at eliminating waiting lists and to do pre-entry work with outreach initiatives in the community. The department works closely with DPH on

disseminating information, testing resources, and available treatment for HCV. Additionally DMHAS works with DPH on making available, as resources allow, vaccines against hepatitis A and B.

FY 2008 (INTENDED USE)

DMHAS anticipates fully integrating a Rapid Testing protocol in all methadone programs and in other service areas of high risk communities. In conformity with CDC HIV routine testing guidelines, greater efforts will be made to test for HIV and concomitantly include TB and HCV in their risk assessment and reduction plans. DMHAS will also review other areas where individuals may be at high risk, like those associated with cocaine use, who are not currently being tested. These individuals pose a threat to the community at large as well as to themselves. DMHAS will also rededicate efforts to intervene with the 750 seropositives that are in these programs at any given time as well as the 425-450 who enter programs already tested seropositive for HIV. Statistics for the last four years shows about a 1.5% seropositive rate (DPH's community based sites have a rate of 1% over the same time period). DMHAS will work more aggressively with other partners to change this picture. DMHAS hopes to increase HCV services through increased contacts with the health system as well as cultivating new partnerships. In an experiment, one multi-level program (methadone, out patient, intensive inpatient) will train all their clinicians as HIV counselors and offer testing throughout their system. This will help identify present day programs that might not be seen as serving high risk areas.

HIV Early Intervention Services

Efforts continued in FFY 2005 to provide HIV early intervention services to those populations in the State in greatest need as defined by the Department of Public Health. During this period, the majority of new Connecticut AIDS cases were reported in Connecticut's five largest cities: Hartford, New Haven, Bridgeport, Stamford and Waterbury. DMHAS continued to offer and monitor services in each of these areas.

HIV early Intervention services offered included: 1) education on the ramifications of exposure to, and infection from, HIV; 2) development of risk reduction plans for those currently at highrisk; 3) pretest counseling for HIV; 4) HIV testing; 5) appropriate post-test counseling including referrals to existing community health providers; 6) development of client-focused HIV treatment plans to build accepted intervention tools; 7) contracts with HIV positive individuals around partner identification; 8) collaboration among substance abuse treatment and other community service providers in the continued prevention, intervention and treatment of willing clients; and 9) collaboration with other state agencies to coordinate the care of individuals who are HIV positive and in the development of medical adherence protocols for using combination medications in combating HIV infection.

All programs across the substance abuse treatment continuum, in designated high-risk areas of the state, offered individual HIV education, counseling and testing during FFY 2005. A brief assessment of risk was included in the intake process expediting the intervention. Also, the department added risk reduction and HIV treatment plans to the intervention process. DMHAS worked closely with the Department of Public Health's Partner Notification Program to identify all at-risk and drug-using partners to aid in the intervention.

HIV programs funded during this period included: Liberation Programs, APT Foundation, Alcohol and Drug Rehabilitation Center, Regional Network of Programs, Hill Health Center, Hartford Dispensary, Connecticut Counseling Centers, Chemical Abuse Service Agency, Mercy Housing and Shelter, St Luke's and Connecticut Aids Residence. The total amount of Block Grant funds spent on HIV Early Intervention Services for SFY 2005 was \$ \$845,994.

HIV Early Intervention Programs Receiving Funds

HIV EARLY INTERVENTION FUNDS REPORTED BY STATE PROVIDER				
Program	Status	Address	Phone	Funds
ADRC HIV COUNSELORS	n/a	500 Blue Hills Avenue Hartford, CT 06112	(860) 714-3717	\$43,080
APT AIDS-HIV	n/a	One Long Wharf Drive, Suite 321 New Haven, CT 06511	(203) 781-4600	\$69,527
APT FOUNDATION INC., LEGION AVENUE CLINIC/METHADONE	U	495 Congress Avenue New Haven, CT 06519	n/a	\$16,037
APT FOUNDATION INC., ORCHARD CLINIC	A	540 Ella T. Grasso Boulevard New Haven, CT 06519	n/a	\$16,037
CASA HIV COUNSELORS	n/a	690 Artic Street Bridgeport, CT 06608	(203) 339-4112	\$49,667
CONNECTICUT AIDS RESIDENCE PROGRAM, INC. (CARP)	A	254 College Street, Suite 205 New Haven, CT 06510	n/a	\$48,989
CT COUNSELING CENTERS, INC., WATERBURY METHADONE PROGRAM DETOX	A	4 Midland Road Waterbury, CT 06705	n/a	\$16,037
CT COUNSELING HIV COUNSELORS	n/a	60 Beaver Brook Road Danbury, CT 06810	(203) 743-4698	\$27,830
CT COUNSELING HIV COUNSELORS, DANBURY	n/a	60 Beaver Brook Road Danbury, CT 06810	(203) 743-4698	\$23,749
HARTFORD DISPENSARY	A	345 Main Street Hartford, CT 06106	n/a	\$16,037
HARTFORD DISPENSARY, HIV COUNSELOR	n/a	345 Main Street Hartford, CT 06106	(860) 525-2181	\$169,741
HARTFORD DISPENSARY, NEW LONDON CLINIC	A	931 Bank Street New London, CT 06320	n/a	\$16,037
HARTFORD DISPENSARY, WESTON STREET	n/a	345 Main Street Hartford, CT 06106	(860) 525-2181	\$16,037
HARTFORD DISPENSARY, WILLIMANTIC CLINIC	A	54-56 Boston Post Road Willimantic, CT 06226	n/a	\$16,037
HELPING HAND CENTER AIDS	n/a	1124 Iranistan Avenue Bridgeport, CT 06605	(203) 336-4745	\$23,432
HILL HEALTH CENTER HIV COUNSELORS	n/a	400-428 Columbus Avenue New Haven, CT 06519	(203) 503-3269	\$23,432
MERCY HOUSING AND SHELTER CORPORATION - PROJECT MERCY	A	118 Main Street Hartford, CT 06106	n/a	\$17,362
REGIONAL NETWORK OF PROGRAMS - HIV COUNSELORS	n/a	2 Trap Falls Road, Suite 405 Shelton, CT 06484	(203) 929-1954	\$43,605
ALLEGHANY COUNTY DRUG AND ALCOHOL PROGRAM	n/a	2 Trap Falls Road, Suite 405 Shelton, CT 06484	(203) 929-1954	\$14,684
SAINT LUKES COMMUNITY SERVICES	S	McKinney Residence 20 Woodland Place Stamford, CT 06902	n/a	\$48,630
THE CONNECTION-HIV COUNSELOR	n/a	955 South Main Street Middletown, CT 06457	(860) 343-5504	\$43,933

Status Key: [A] Active, [I] Inactive, [n/a] Not available, [P] Facility physically closed, [S] No substance abuse services provided, [U] Closed as duplicate of another facility.